

# MCB

The Muslim Council of Britain  
mcb.org.uk



International  
Glaucoma  
Association **iga**

The Charity for People with Glaucoma

# Don't stop your drops this Ramadan

Use eye drops every day or your sight may be damaged



Ophthalmologist

Taking your drops before suhoor and after iftar won't break your fast



Pharmacist

Blocking your tear duct means your drops won't reach the back of your throat

It's just part of my mum's Ramadan routine - wake, drops, eat, pray, done



Family

My sight deteriorated when I stopped my drops last year. This year, I'm protecting my vision



Imam



Patient

For more information visit  
[www.glaucoma-association.com](http://www.glaucoma-association.com)  
Sightline helpline: 01233 64 81 70