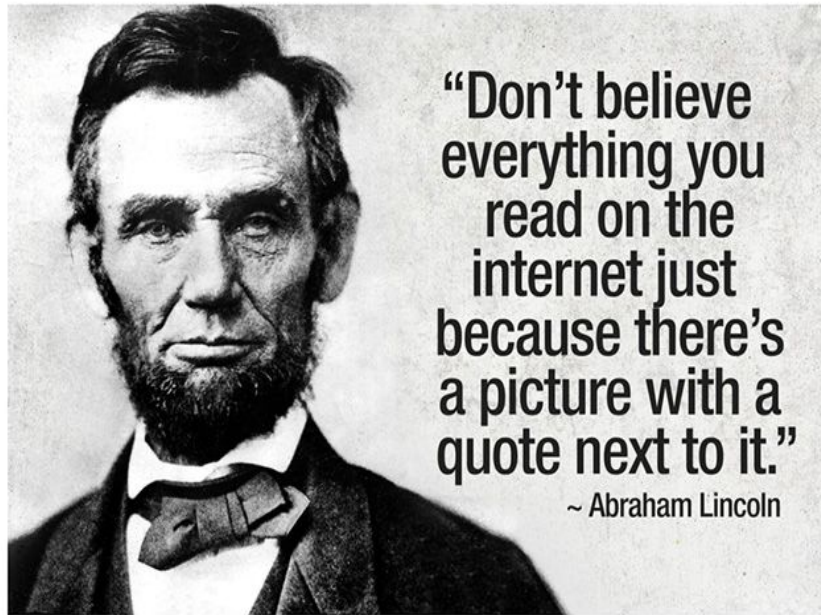


What is Fake News?

“False stories that appear to be news, spread on the internet or using other media, usually created to influence political views or as a joke:”



**“Don’t believe
everything you
read on the
internet just
because there’s
a picture with a
quote next to it.”**

~ Abraham Lincoln

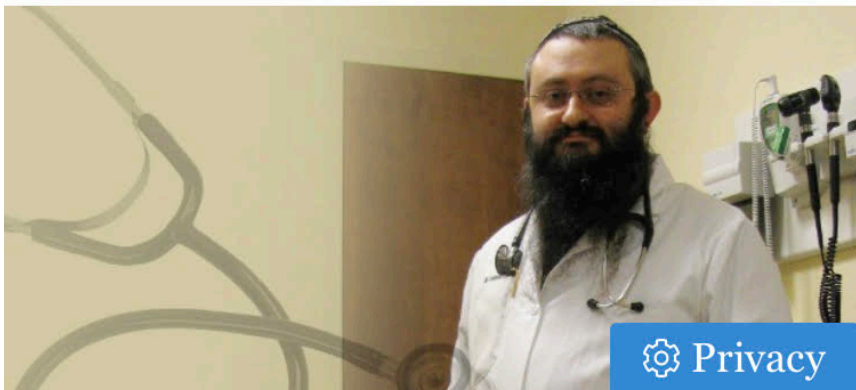
WND EXCLUSIVE

Doctor: White House has my '100% successful' coronavirus treatment

Israel is also considering the simple protocol of 3 cheap, proven, available drugs



By Art Moore
Published March 25, 2020 at 1:40pm



- WND is a US hard right wing 'news' outlet known for Fake News.
- Fifth most shared article on Covid-19 in UK in past week
- 160,000 Facebook engagements by UK users in a 24- hour period

By the time they have fever and/or cough and go to the hospital, the lung is usually 50% Fibrosis and it's too late. Taiwan experts provide a simple self-check that we can do every morning. Take a deep breath and hold your breath for more than 10 seconds. If you complete it successfully without coughing, without discomfort, stiffness or tightness, etc., it proves there is no Fibrosis in the lungs, basically indicates no infection. In critical time, please self-check every morning in an environment with clean air. Serious excellent advice by Japanese doctors treating COVID-19 cases: Everyone should ensure your mouth & throat are moist, never dry. Take a few sips of water every

- **Claims to be information from an expert from Stanford Medicine – a claim the US university has denied.**
- **Post recommends people self-test for COVID-19 by attempting to hold their breath for 10 seconds without coughing, which has been deemed 'inaccurate' by the British government.**
- **Just follow www.nhs.uk/coronavirus for official advice on the outbreak.**

FYI: 5G LAW PASSED while everyone was distracted...
- S.893 SECURE 5G AND BEYOND ACT OF 2020 -

Signed into law 116-129 on 3-23-2020, that will speed up the installation of 5G and protect profits!

Children had to be out of schools for the covert installation. Parents are you seeing what's happening?

5G is 10,000 times the strength of 4G and uses the same frequency as a military weapon. Also keep an eye out for these towers going up in your neighborhoods. Of course many of us wouldn't notice them because they're forcing us to stay in the house...

☀ Symptoms of 5G radiation sickness include:

☀ shortness of breath,

☀ passing out,

☀ cold and flu symptoms,

☀ fever,

☀ increase cancer risk,

☀ foggy thinking,

☀ eye pain,

☀ nightmares,

☀ nausea,

➡ Forwarded

Hi

Just heard , 12 Covid cases died last night in Northwick Park Hospital. All were Indians.

Hence, please avoid going to Kingsbury High Road or even Ealing Road, because my friend says all the shops are like "live viruses".

Apparently someone died yesterday in one of the two Indian Shopping Bazaars?
Is it true? I don't know.

But best to be safe because both areas are like Indian Shopping Bazaars & so both are always full of people close to each other all the time.

19:52



“We're aware of a video circulating that appears to show a group of people leaving a mosque in Small Heath since the government introduced restrictions last week.

Although we can confirm the footage was filmed in Small Heath, our officers have conducted enquiries and are satisfied that the mosque is currently closed. The neighbourhood team have spoken to many residents living on the street, who all confirmed that the mosque has not been open since the restrictions were announced last Monday (23 March).” - WMP

BASIC THINGS TO CONSIDER

- 1. Consider Your Source**
- 2. Cross Check**
- 3. Check the Date**
- 4. Read Beyond the Headline**
- 5. Think Before you Forward**
- 6. Call it out**

HOW TO END THE FAKE NEWS CYCLE



Consider the source

Where did you receive the news from?
Has it been confirmed by a reliable news platform?



Read Beyond

Look for more information before believing everything you read.



Cross check

Are other reliable sites, platforms, or channels reporting on the story?



Don't forward every message

End the fake news cycle by not clicking forward on every message.



Check the date

Videos, pictures and articles from months/years ago may surface. Be wary.



Don't give in to the panic

Spreading panic in a time of fear is common. Follow every above step before giving in to the panic.

Surah al-Hujurat - Verse

6

يَا أَيُّهَا الَّذِينَ آمَنُوا إِن جَاءَكُمْ
فَاسِقٌ بِنَبَأٍ فَتَبَيَّنُوا أَن تُصِيبُوا قَوْمًا
بِجَهَالَةٍ فَتُصْبِحُوا عَلَىٰ مَا فَعَلْتُمْ
نَادِمِينَ

6. O you who believe! If an evil-doer comes to you with important news, verify it, lest you should harm people in ignorance [out of haste in belief and making decision], and afterwards you become regretful for what you have done.

Rely on expertise and verified signposting



www.nhs.uk/conditions/coronavirus-covid-19/

www.britishima.org/covid/

www.mcb.org.uk



@NHSuk

@BritishIMA

@MuslimCouncil