

In the Name of Allah, Most Merciful, Ever Merciful

Sample Friday Speech (Khutbah) for World Blood Day

Khutbah One

Dear Brothers and Sisters,

This coming Sunday, June 14th, the world marks [World Blood Donor Day](#). It is a day dedicated to thanking those who quietly give a part of themselves to save strangers, and a reminder of a critical need within our NHS and wider society.

As Muslims living in Britain, our faith is not confined to the walls of the mosque. Our faith is alive when it walks the streets, heals the sick, and relieves the suffering of our neighbors. Allah tells us in the Quran

وَتَعَاوَنُوا عَلَى الْبِرِّ وَالتَّقْوَىٰ وَلَا تَعَاوَنُوا عَلَى الْإِثْمِ وَالْعُدْوَانِ

"...And cooperate in righteousness and piety, but do not cooperate in sin and aggression..." (Qur'an 5:2)

Allah commands his servants to support one another in birr (righteousness and all forms of good deeds) and Taqwa. This is an opportunity to rise to the occasion and support our community and the wider society by performing an act of charity such as donating blood.

The Prophet (SAW) said:

وَاللَّهُ فِي عَوْنِ الْعَبْدِ مَا كَانَ الْعَبْدُ فِي عَوْنِ أَخِيهِ

"Allah continues to aid His servant as long as the servant is aiding his brother." (Muslim)

Sadly, only a small number of blood donors are from the ethnic minority community and communities like many of ours. Meaning our own brothers and sisters in faith and in humanity are deprived from such lifesaving charity. The prophet (SAW) promises us that Allah will be in your aid in your time of need and ease - given you go out of your way to aid your fellow brothers and sisters.

Furthermore, Allah SWT says in Surah Al-Ma'idah:

مَنْ قَتَلَ نَفْسًا بِغَيْرِ نَفْسٍ أَوْ فَسَادٍ فِي الْأَرْضِ فَكَأَنَّمَا قَتَلَ النَّاسَ جَمِيعًا وَمَنْ أَحْيَاهَا فَكَأَنَّمَا أَحْيَا النَّاسَ جَمِيعًا ۚ

“whoever takes a life—unless as a punishment for murder or mischief in the land—it will be as if they killed all of humanity; and whoever saves a life, it will be as if they saved all of humanity” (Qur’an 5:32)

Look at the weight Allah places on a single life. By saving just 1 life - it is as if you have saved all of mankind. Brothers and sisters in Islam donating blood helps save lives. Every soul is precious. And today, one of the most direct, impactful, and beautiful ways to fulfill this verse is by donating blood.

The Urgent Need in Our Communities

Right now, hospitals across the UK face a constant, urgent need for blood. However, there is a specific, critical shortage of donors from Black, Asian, and minority ethnic backgrounds.

- Patients from South Asian backgrounds require closely matched blood for conditions like Thalassemia or during major surgeries.
- Certain rare blood types are heavily relied upon to treat conditions like Sickle Cell Anemia, which predominantly affects individuals of African and Caribbean heritage.

An Act of Sadaqah Jariyah (Ongoing Charity)

The Prophet Muhammad ﷺ said:

"When a person dies, his deeds come to an end except for three: ongoing charity (*sadaqah jariyah*), beneficial knowledge, or a righteous child who prays for him." (Sahih Muslim)

We often think of charity (*Sadaqah*) only in terms of money or our time (e.g. volunteering). But giving blood is a profound form of physical charity. Your body replenishes the blood you give within a few weeks, but that single pint of blood can be separated into red cells, plasma, and platelets—potentially saving up to **three adult lives** or up to **seven children’s lives**.

Imagine a mother surviving childbirth because of your blood. Imagine a child fighting cancer getting another chance at life because of your donation. This is a legacy of mercy that could weigh heavily on your scales on the Day of Judgment.

Khutbah Two

Dear Brothers and Sisters,

To clear up any misconceptions or hesitation: Islamic scholars and major jurisprudence councils worldwide—including the UK's leading scholars—have overwhelmingly ruled that blood donation is completely permissible (*halal*) and highly commendable in Islam. This is provided you are healthy enough to do so. It is an act of necessity that preserves human life, which is one of the core objectives of Islamic Law (*Maqasid al-Shariah*).

Donating blood is safe, quick, and takes merely about an hour of your time. They will check you for anemia and other conditions prior to donating blood. It is a small sacrifice with a monumental reward.

Our Call to Action Today:

As a community, let us turn our faith into action this week. The Muslim Council of Britain encourages every healthy adult in our congregation to take three simple steps:

1. **Check Your Eligibility:** Visit the NHSBT website (blood.co.uk) to see if you can donate.
2. **Book an Appointment:** Find a local donor center or a mobile session in your area and book a slot
3. **Spread the Word:** Encourage your family, friends, and colleagues. Let our youth lead the way in becoming lifelong donors.

Will it make a difference? It 100% will because according to NHSBT, in England we need:

- More than 5,000 donations are needed every day – around 1.8 million donations a year - simply to meet demand
- Around 135,000 new donors a year to replace those who can no longer donate

And remember, not everybody is blessed enough to be able to give blood. You must be aged between 17 and 70 years old, weight at least 50 kg, be generally of good health and not be pregnant for women. So for some people, they would be unable to give blood, but if you can, then this is a blessed opportunity to help others that you should not miss.

Let us show our neighbors and wider community our passion and desire as followers of the best of people to mankind - Prophet Muhammad (PBUH) - to be a community that gives, heals, and protects all.

Du'a (Supplication)